



THE LMHI LETTER

The Official Newsletter of the Liga Medicorum Homoeopathica Internationalis

Vol. 28 2023

*Rosa homeopathica
in the World Homeopathy Day*



THE LMHI LETTER

Vol. 28

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Editor's Note

Dr. Andrea Flores Sánchez



Dear LMHI members,

Lately, the executive committee as well as all the members of the different working groups have worked together to promote the work of the LMHI through different media. The Secretary of Information and Communication group has worked incessantly promoting the LMHI on social media; the Secretary of Research and the Secretary of Education groups have organized webinars on very interesting topics with distinguished guests accessible to all members; the Secretary of Newsletter group continues to elaborate several publications such as "The Homoeopathic Physician", the LMHI Letter and recently the LMHI e-newsletter.

Also, many of the LMHI members are committed to this task. One of them is the NVP of South Africa, Dr. Bianca de Canha, who led the celebration of the World Homeopathy Day, where not only one day was celebrated, but a whole week that was full of celebrations and very fruitful events for homeopathy. The president of the LMHI, Dr. Altunay Agaoglu was the special guest, who also participated in the unveiling of the "Rosa homeopathica", the symbol of homeopathy, which we are sure will remain as such from now on.

Simultaneously, Dr. Altunay and Dr. Bianca participated in the worldwide celebration of Homeopathy Day in India. A floral tribute was organized by the Directorate of AYUSH, Government of Delhi to mark the 268th birth anniversary of Samuel Hahnemann. It was a very well organized and far-reaching event, since, besides being in person with a very large audience, great personalities of homeopathy from all over the world participated virtually. The strength of Homeopathy in India is present every year.

Other very important events were also held on the occasion of World Homeopathy Day, such as the International

Homeopathic Conference in Bulgaria, where homeopathy was presented to a large medical community from other areas of medicine; and in Mexico, where a ceremony was held to remember the life and work of Hahnemann and to recognize the training of doctors who have recently graduated in homeopathy.

We did not forget the earthquake that affected a large part of Turkey and Syria in February of this year. Dr. Sandra Massy, a homeopathic physician who has participated in homeopathic medical missions in natural disasters, shares with us a brief and concise list of steps and remedies that serve as a guide to help with homeopathy to people suffering from such unfortunate events. And finally, you will be able to read about the experience with homeopathy of a very young and enthusiastic physician, Dr. Diego de la Peña.

We hope to see you all at our next congress, which will be held in Colombia in a few months, from October 24 to 28, 2023, and we cordially invite you to celebrate Homeopathy Day in every corner of the world and to share it with our community.

For homeopathy, medicine of humanity.

Dr. Andrea Flores Sánchez
Secretary of Newsletter



President
Dr. Altunay Agaoglu

It brings me great pleasure to introduce The LMHI Letter, an annual publication that serves as a valuable resource for members of the Liga Medicorum Homoeopathica Internationalis (LMHI). This traditional publication offers a comprehensive review of the most recent LMHI Congress, providing unique insights into important developments and decisions made by LMHI.

As a member of LMHI, you can look forward to receiving The LMHI Letter each year as part of your membership benefits package. With its engaging writing style and valuable information, it is sure to be a highlight of your membership experience.

This year, World Homeopathy Day was celebrated with great enthusiasm across the globe, including in South Africa. The official celebration of WHD in South Africa was organized by the Homeopathic Association of South Africa (HSA) and commemorated by LMHI with immense zeal and enthusiasm. One of the memorable highlights of the event was the revealing of the homeopathy rose named “Rosa Homeopathica”.

More than just a flower, the “Rosa Homeopathica” with its golden orange colours represents our commitment to promoting health and well-being through homeopathy. In Sufism and in the ancient beliefs of Anatolia the rose represents the human being, with the unfolding of the rose symbolizing the spiritual journey of self-discovery and enlightenment. In the same way, homeopathy is a gentle and safe journey of healing and growth, both for the patient and the practitioner. During our journey to celebrate World

LMHI President's Remarks

Homeopathy Day in different cities across South Africa, we planted Rosa Homeopathica to spread hope and pave the way for the growth of homeopathy and its countless benefits for patients and individuals alike.

During my visit to South Africa, I was truly inspired by the passion and dedication of local homeopaths towards improving the health and wellbeing of their community and patients. The Khula Community Health Center was a humbling experience, where the staff showed immense commitment towards their patients and achieved amazing results in improving their health and quality of life.

My visits to the homeopathy departments at DUT and Johannesburg University were also fascinating. I was impressed by the state-of-the-art facilities and high-quality education provided to the students. As an LMHI member, the HSA is working tirelessly to promote the development of homeopathy in the country and its integration into the healthcare system. It gives me great hope for the future of homeopathy in South Africa.

I feel privileged and honoured to have been a small part of this journey and would like to express my gratitude to Dr. Blanca de Canha, our NVP for South Africa for her outstanding leadership and hospitality during the celebrations. At LMHI, we will continue to support all homeopaths in South Africa and wish them all the best in their endeavours.

Looking ahead, we are eagerly anticipating everyone's presence at the 76th LMHI Congress in Bogota in October 2023. It will be an excellent opportunity for us to reconnect and share our knowledge and experiences with each other once again. Let us continue to work together towards promoting the growth of homeopathy and improving the health and well-being of people around the world.

Warm regards,
Altunay Agaoglu
President LMHI

World Homeopathy Day and Awareness Week Story

Dr. Bianca De Canha

Globally, World Homeopathy Day is celebrated on the 10th April every year. Celebrating this day aims to highlight the importance of homeopathy and its contributions to the world of medicine and advancements in health care. This day also honours the memory of Dr Samuel Hahnemann, the founder of Homeopathy and pioneer of this gentle science of healing.

The Homeopathic Association of South Africa (HSA), on behalf of and with thanks to the Liga Medicorum Homoeopathica Internationalis (LMHI), was chosen as the host country to host the international celebration of World Homeopathy Day. It was a great honour to welcome the President of the LMHI, Dr. Altunay Agaoglu, who came to portray great vigour and passion towards the profession of Homeopathy in South Africa.

LMHI is a world umbrella organisation for homeopathic doctors and homeopathic associations with members from 76 countries. The purpose of the LMHI is the promotion and development of homeopathy worldwide and the creation of a link between medically trained homeopaths and societies and persons who have interest and commitment to homeopathy.

This has been a great honour for the HSA and its members. In commemoration of this global event, the HSA lined up a series of exciting celebrations which took place from the 10th – 14th April 2023, where we celebrated homeopathy at an important location for homeopathy in South Africa.

Introducing “The Homeopathy Rose”

To celebrate the LMHI World Homeopathy Day 2023, the HSA placed great emphasis on the importance of

growth. This comes in many forms. Through growth of our profession both within South Africa as well as internationally through the LMHI, growth through the perceptions and understanding of homeopathy, and of course growth through unity as homeopaths. To symbolize this growth, the HSA chose to memorialise this auspicious event with the creation of the ‘Homeopathy Rose’ – an ethereal rose which represents grace, enthusiasm and vibrance. A symbol of resilience, tenacity and eternal rebirth after long hard winters have passed.



Rosa homeopathica - The Homeopathic Rose

The HSA in collaboration with Ludwig’s Roses selected a rose that embodies exactly this – a cross pollination of a German Rose, a tribute to the founder of homeopathy, Dr. Samuel Hahnemann, grown on South African soil which is symbolic of the growth of Homeopathy in South Africa. The colour and look of which was kept a secret until its great reveal. Its name was a collaborative effort between members of the HSA and LMHI. This magnificent plant was unveiled and planted on World Homeopathy Day – 10th April 2023 at the Margaret Roberts Herbal Centre in Pretoria.

World Homeopathy Day and Awareness Week Story



*(Left to Right) Mr. Nicki Oppenheimer
(Sponsor of the LMHI WHD Celebration),
Dr. Bianca De Canha (HSA President and LMHI NVP South Africa),
Dr. Altunay Agaoglu (LMHI President)*

Our most heartfelt and sincerest thanks will forever be extended to Mr. and Mrs. Oppenheimer and the Oppenheimer Generations Research and Conservation foundation for their generosity, yet again to the HSA! It was with thanks to their generous support of the HSA combined with our passion and dedication, that we could bring to life an event that would be remembered for decades to come. These events have also helped us in creating greater unity within homeopaths and industry in South Africa, as well as connected us with homeopaths around the globe.

Throughout the duration of World Homeopathy week, our rose was planted at each respective site visited. This is representative of the homeopathic roots we hope to plant in South African soil, and the subsequent growth that will come henceforth of homeopathy in South Africa. In leaving behind this immortalised plant at the homeopathic institutions and clinics in South Africa we entrenched our desire for unity, collaboration and of course growth of homeopathy at each site, and beyond.

Rosa homeopathica is now available for sale to all in South Africa with intentions for international sales as well once all required permits have been acquired.

Proceeds of the rose will be used towards HSA initiatives that aim to see more homeopathic clinics providing homeopathic health care to as many people of our great country as possible, as well as the student bursary and scholarship opportunities for underprivileged students. This is an ongoing project, and will be celebrated and commemorated every year as we drive homeopathy forward, in 2023 and for the years and decades to come.

The Homeopathic Pledge

LMHI World Homeopathy Day Pledge Co-ordinator – Dr. Reyna Bhikha

This year HSA encouraged all homeopathic practitioners, students & interns both locally and internationally to take a pledge towards awareness, unity and ethical practise of Homeopathy to honour World Homeopathy Day. This pledge was meant to bring about a positive change within our field, create aspiration and nourish a refreshed mindset through affirmations and visions. HSA took the the pledge to bring the LMHI World Homeopathy Day celebrations closer to students and practitioners of homeopathy around our great Nation.



LMHI Presidents pledge

World Homeopathy Day and Awareness Week Story

The LMH World Homeopathy Day Celebration – 10th
April 2023

LMHI World Homeopathy Day Celebration Event
Co-ordinator: Dr. Zahraa Kazee.



(Left to Right) Mr. Ludwig Tashner,
Dr. Altunay Agaoglu, Mrs Sandy Roberts,
Dr. Bianca De Canha, Mr. Halmar Tashner

The opening event, hosted at The Margret Roberts Herbal Centre in Pretoria was the first of its kind in South Africa. In attendance was the LMHI President, Dr. Altunay Agaoglu, Dr. Bianca De Canha, President of the HSA, members of the HSA EXCO and National Board, Mr. Nicki Oppenheimer, sponsor of the event, Dr. Danny Pillay and members of the HSA. Along with Mr. Ludwig Taschner and Halmar Taschner of Ludwig's Roses, Mrs Sandy Roberts, daughter of the late Margaret Roberts, heads of homeopathic industry in South Africa or their representatives, as well as family, friends and children of our South African Homeopaths. The homeopathic rose was unveiled and 10 Rosa homeopathica roses were planted in the Garden of Remembrance, an incredibly special and dedicated area at this beautiful centre.

It was a great honour to have the following individuals planting a Rosa homeopathica plant for the various reasons and contributions below:



The ceremonial planting of Rosa homeopathica

Dr Altunay Agaoglu – President of the LMHI, head of homeopathy within the LMHI

Dr. Bianca De Canha – President of the HSA, head of homeopathy in South Africa and LMHI NVP for South Africa

Mr. Nicki Oppenheimer – Head of the Oppenheimer family and sponsor and supporter of the HSA and LMHI World Homeopathy Day Celebration

Dr. Danny Pillay – Past president of the HSA and supporter of the HSA and LMHI World Homeopathy Day Celebration

Dr. Mark Leite – on behalf of the Oppenheimer Generations Research and Conservation Foundation, sponsor of the LMHI World Homeopathy Day Celebration

Dr. Nicoliene Potgieter – Founder of the Khula Natural Health Centre and pioneer of community clinics in South Africa

Dr's Ameesha Manga and Uwe Hohl – Owners of Fusion Homoeopathics, a homeopathic medicine supply company

Dr. Glen Ferguson – Owner of W.Last, the oldest homeopathic pharmacy in South Africa

Chana Nienaber on behalf of Mr. Kevin Coyne and Mrs Maria Ascençao, founders and owners of Natroceutics

Mr. Lamlela Maphosa on behalf of Mr. Ian Wheeler – Pharmacist and founder of Pegasus Homeopathics

World Homeopathy Day and Awareness Week Story



*Dr. Bianca De Canha, HSA President and
LMHI NVP South Africa &
Dr. Altunay Agaoglu, LMHI President*

A selection of signature welcome drinks was served to Homeopaths and guests from around the country as we celebrated the LMHI World Homeopathy Day and toasted to the future of Homeopathy in South Africa. We enjoyed words of encouragement and strength from Dr. Altunay Agaoglu, and were taken on a journey of the history of homeopathy in South Africa, dating back to 1820, when the settlers landed in Table Bay by Dr. Bianca De Canha. Together we enjoyed and shared in the momentous reveal of Rosa homeopathica – the Homeopathic Rose. With gasps of wonder Rosa homeopathica shared with us its vitality and vibrancy as onlookers applauded and took in its beauty.



*(Left to Right) Dr. Zahraa Kazee, Mr. Ludwig Taschner, Mrs. Sandy Roberts,
Mr. Halmar Taschner, Dr. Altunay Agaoglu, Mr. Nicki Oppenheimer,
Dr. Danny Pillay, Dr. Bianca De Canha, Mrs. Chana Nienaber,
Dr. Mark Leite, Dr. Nicolien Potgieter Steiner*

Rosa homeopathica was dedicated to Dr. Samuel Hahnemann on the LMHI World Homeopathy Day 2023, and every homeopathy day thereafter. With its pleasing copper bud that transforms into a beautiful two-tone bloom that reveals a beautiful golden inside – it is a symbol of the beauty of our profession, a reminder that after harsh difficult times comes growth, expansion and radiance.

The name Rosa homeopathica is binding to us homeopaths. To students and practitioners of homeopathy, to lecturers and researchers, to homeopathic industry and to the DUT and UJ. Rosa homeopathica is a gift to the patient, supporter of homeopathy and henceforth a symbol of pride for our community.

This name means ‘the homeopathic rose’ and it signals belonging, as we belong, and our skills belong to the people of South Africa and the world, for whom we wish to serve. Rosa homeopathica is now a tangible expression of that desire and we lovingly spread this symbol through South Africa, this LMHI World Homeopathy Awareness week. Rosa homeopathica was first planted at the incredible Margaret Roberts Herbal Centre and then at each tertiary institution and community clinic in South Africa.

Our wish for Rosa homeopathica – that its roots grow deep in the soil of our land. We did so in hope that this rose and symbol unite all homeopaths and industry from all schools of thought and all backgrounds. Trusting that it would be a reminder of how far we have come and how close we are to reaching our goals. With this rose we believe new opportunities will reveal themselves, greater awareness in homeopathy was created and exponential growth for our homeopathic profession in South Africa was initiated.

World Homeopathy Day and Awareness Week Story



*The LMHI World Homeopathy Day
Celebration Organising Committee 2023*



*(Left to Right) Dr. Bianca De Canha,
Dr. Altunay Agaoglu, Professor Ashley Ross,
Dr. Silvana Nienaber*

Closing with an organic High Tea & Tea Tasting, our guests were then free to meander around the Margaret Roberts Herbal gardens. This event brought Homeopaths with a passion for the profession together and allowed them to connect in celebration of this glorious profession.

The LMHI World Homeopathy Day Celebrations go to Durban University of Technology – 11th April 2023

*LMHI World Homeopathy Day DUT Celebration
Co-ordinator: Dr. Silvana Nienaber*

On the 11th of April 2023 Dr. Bianca De Canha and Dr. Altunay Agaoglu flew to KwaZulu Natal to visit the Durban University of Technology (DUT). DUT (previously known as Natal Technikon) has been training Homeopaths since 1989 with the first intake of students graduating in 1993. Since then, DUT can boast an 11 year research collaboration with Heel th at has produced 7 new homeopathic medicines which have been monographed in the US Homeopathic Pharmacopoeia. This within a broader context of 38 Homeopathic drug provings conducted over 22 years where 29 of which were conducted on indigenous substances to South Africa and has published many more research papers.

We enjoyed a guided tour through the DUT facilities by Professor Ashley Ross, Head of Department of Homeopathy as well as Dr. Silvana Nienaber, member of the LMHI World Homeopathy Day Organising Committee and DUT lecturer and clinician.



*Dr. Altunay Agaoglu planting
Rosa homeopathica at the DUT Campus Horticulture Gardens*

The Homeopathic facilities give us much to be proud of and along with the DUT homeopathic dispensary that was truly awe inspiring. We met with the energetic and dynamic DUT students whose passion and commitment to homeopathy was inspiring. In sharing the LMHI World Homeopathy Day celebration with the LMHI president our aim was to motivate our current students who are

World Homeopathy Day and Awareness Week Story

the future leaders and Homeopaths of South Africa. Here we planted the Rosa homeopathica in the DUT Horticultural Gardens with the permission of the Head of Department of Horticulture, Professor Ignatious Matimati. We are grateful to the Horticulture Department who have kindly offered to look after Rosa homeopathica for us so that we may return year on year to enjoy its beauty at the DUT.



Professor Ashley Ross addressing Students, Staff and guests

A Homeopathic Celebration at the Khula Natural Health Centre – 12th April 2023

*LMHI World Homeopathy Day Khula KZN Event
Co-ordinator: Dr. Sarah Tandy*

On the 12th April 2023, members of the LMHI World Homeopathy Day Organising Committee, namely Dr. Zahraa Kazeem and Dr. Sarah Tandy joined Dr's. Bianca De Canha and Altunay Agaoglu on an incredibly moving visit to the Khula Natural Health Centre (NHC) situated in St Lucia, KwaZulu-Nata. Khula NHC was founded in 2017 by Dr. Manuel Steiner and Dr. Nicolien Potgieter Steiner and is a non-profit, upliftment project, in collaboration with the Induna (Zulu Chief) of the Khula village, that provides homeopathic healthcare to the local community and surrounding areas. People travel hundreds of kilometres from many neighbouring villages to seek

homeopathic treatment and care at the Khula Natural Health Centre with the support and blessing of these neighbouring village Induna's and communities.

The Khula Natural Health Centre was showcased in all its glory, where we met with the practitioners involved in running the clinic, both permanently employed practitioners as well as volunteer practitioners and student interns.



The Khula Natural Health Centre Team

We also had the incredible opportunity to speak to the Induna's of the various villages, the principals of various surrounding schools, the Councillors and community members as well as patients and church leaders who all contribute to the success and integration of the Khula Natural Health Centre into the community in some way.



Together, practitioners, interns and representatives outside the Khula Natural Health Centre in KZN

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Information was shared about Homeopathy, the LMHI and the HSA with the community in attendance and our heartfelt gratitude for their acceptance and support of the clinic was extended. It was truly inspiring as well as encouraging to hear the Indunas of Khula Village, Induna Khulani Ncube's address filled with pride and thanks and the Councillor of Khula Village, Mr. Ntokozo Mlungwana, who spoke of the communities dream to see the Khula Natural Health Centre grow in the years to come.

The Homeopathic Rose was then planted, in the medicinal garden at this place of healing with the intention to mark the growth of Homeopathy in the Khula community. It was also an opportunity to celebrate the success of Khula Natural Health Centre and the uncharted territory they have travelled to be the first of its kind in South Africa.



Dr. Nicolien Potgieter Steiner addressing esteemed guests at the KHULA KZN World Homeopathy Day Celebration

A Traditional Blessing of the Khula Natural Health Centre Eastern Cape – 13th April 2023

LMHI World Homeopathy Day Khula EC Event Co-ordinator: Dr. Reyna Bhikha

Our next visit was to the Khula Natural Health Centre in the Eastern Cape, situated in the Ncera Village, East

London. Dr's Bianca De Canha and Altunay Agaoglu, were joined by Dr. Loretta Ferrucci, founder and driving force behind the Khula Natural Health Centre in the Eastern Cape, Dr. Laura Chella, HSA National Secretary, and our dynamic Organising committee members, Dr. Reyna Bhikha, Dr. Marianne Ferreira and Miss Marain le Roux. Along with local Homeopath, Dr. Samuel Du Toit and Dr. Uwe Hohl, representative of Fusion Homoeopathics. This new clinic has been formed under the banner of Khula Natural Health Centre NPO and was identified as a need in communities of the surrounding rural areas as well as to spread the awareness of the benefits of homeopathy. The main aim of this location and introducing a Khula Natural Health Centre of this kind to the area is to assist in alleviating the burden on rural population who have little or no access to health care. It has been envisaged that the centre will primarily serve women and children within and around the village area predominantly, but will be available to service and support all in need of homeopathic health care.



Dr. Loretta Ferrucci, the driving force behind the Khula Natural Health Centre Eastern Cape with the clinic building in the background.

With the delays in construction to the building our goal of officially opening the Khula Natural Health Centre EC was not going to be possible and for this reason it was decided to, in World Homeopathy Awareness Week, bring all the key players and contributors together for a traditional blessing of the building and project. A first of its kind, all in attendance were bestowed the great honour of the attendance by the Princess of Ncera Village, Nkosasana Nomaxhosa Jongilanga who spoke of

World Homeopathy Day and Awareness Week Story

the great need of this clinic in their village and of the importance of the community to protect this space of healing. We were deeply honoured by her warm and welcoming gesture to the HSA, the LMHI and all invested in this project when she said 'you can take your jackets off', in African custom making reference to the fact that we are welcome in their village and tribe and that we are now a part of their community.



Monwabisi Konzani (second from the Right) with his team of builders. Vusumzi Gibe the Project Manager far right.

We witnessed the traditional blessing of the building where the Khula Natural Health Centre will be run by Bawu Majola, a Traditional African Healer whose humility, words of thanks and welcome, and traditional blessing brought tears of joy to our eyes and tied our hearts to this incredible initiative. We are grateful too for the unwavering support of Shukumani Mapaya, Chairperson of the Ncera Village Committee and Vusumzi Gibe, project manager whose commitment and hard work is helping us bring this dream to life.



A Traditional African Blessing by Bawu Majola, Traditional African Practitioner of the Ncera Village

Here too we planted *Rosa homeopathica*, the homeopathic rose with hope and faith, that this too will become a place of health and healing through homeopathy and that the growth of this outreach project goes beyond all our wildest dreams.

The LMHI World Homeopathy Day Celebration goes to the University of Johannesburg – 14th April 2023

LMHI World Homeopathy Day UJ Event Co-ordinator: Dr. Marianne Ferreira and Miss Marain Le Roux



(Left to Right) Dr. Marianne Ferreira, Dr. Michelle Delpaul (Head clinician UJ Clinic), Dr. Laura Chella, Dr. Bianca De Canha, Dr. Tebogo Tsele-Tebakang, Mrs. Manoko Molabe (UJ Simulation Lab Manager), Dr. Altunaya Agaoglu.

We ended off our week of homeopathic celebration at the University of Johannesburg (UJ) on the 14th April. This was fitting seeing as UJ came to offer Homeopathy as an amazing career for those called to the profession of homeopathy after the opening of the DUT.

Our visit started off with a tour by Mrs Manoko Molabe, Simulation Lab Manager, accompanied by Dr. Tebogo Tsele-Tebakang, Head of Department of Complementary Medicine. Our tour began at the UJ Simulation Lab - a learning environment that simulates reality. The simulation training and assessment trains students to react to conditions as they would occur in real life but also assist students in clinical skills and knowledge in these situations. An advancement that the UJ and certainly the Department and certainly the Department of Complementary Medicine can be proud of!

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Following this, our celebrations brought us together as one for a welcome address by Dr. Tebogo Tsele-Tebakang, Dr. Bianca De Canha on behalf of the HSA and Dr. Altunay Agaoglu, on behalf of the LMHI. We were then treated to the address of Dr. Cherie Kruger, the Research Centre Coordinator of the Department of Complementary Medicine followed by Dr. Melusi Mthethwa a Doctoral Candidate of the Department and then Miss Marain le Roux, Homeopaths In Training Student Representative. We are also grateful for the support of ModHomCo, Fusion Homoeopathics as well as Pegasus, for their representation and presence on this special day.



*An address by Dr. Tebogo Tsele-Tebakang,
Head of Department of Complementary Medicine at UJ*

Following this Rosa homeopathica was planted on the UJ Doornfontein campus by lecturers, clinicians, the Head of Department as well as students and was witnessed by all student, colleagues, industry and supporters of homeopathy in attendance. We were then spoilt with a tour of the facilities of the UJ where homeopathic training in the art and science of homeopathy is taught in the clinic as well as the impressive dispensary where homeopathic medicines are carefully stored and then compounded and dispensed.



*Planting Rosa homeopathica at the UJ Campus with the members of the
UJ Complementary Medicine Department, (Left to Right)
Dr. Janice Pellow, Dr. Marelize Caminsky, Dr. Tebogo Tsele-Tebakang,
Dr. Michelle Delpaul and Dr. Neil Gower.*

A Homeopathic Celebration at the WeCare Wellness Centre at the Victoria Yards – 14th April 2023

Located only 4km away from UJ, we took the opportunity to visit the amazing community project, We Care Centre at Victoria Yards, which is simply put, a blessing for the community in the area. Winner of the top community engagement project in the whole of the UJ for 2022, Victoria Yards itself is a community development project where studios and centres have been established for underprivileged talented individuals to upskill their abilities. The WeCare Wellness Centre at Victoria Yards is a satellite clinic established to meet the healthcare needs of individuals in the surrounding rural areas.



*(Left to Right) Mrs Mpumi Sithebe, Dr. Bianca De Canha,
Dr. Altunay Agaoglu, Dr. Reyna Bhikha, Dr. Asme Motau,
Miss Lauren Brom, Dr. Aneesha Manga*

World Homeopathy Day and Awareness Week Story

We were guided on this tour by Dr. Marelize Caminsky, founder of the WeCare Wellness Centre and enjoyed coming to know the story of how this initiative came to be. We extend our great thanks to Nando's who have made all this possible and continue to offer us support and a place to bring health care to the community.



Dr. Marelize Caminsky, Founder of the WeCare Wellness Centre

On the tour we witnessed our students engaging with patients from all walks of life and help these individuals experience health care on a different level. We planted a rose outside the centre and enjoyed our last few moments together on this last leg of what was an incredibly successful celebration of not only World Homeopathy Day but also World Homeopathy Awareness Week.



Planting the last Rosa homeopathica at the WeCare Wellness Centre in Johannesburg during WHAW 2023

What we learned and achieved in this World Homeopathy Awareness Week 2023

While this event is one we would normally celebrate on a yearly basis, it was the first time that we were able to create as much awareness for not only homeopathy in South Africa but also for the training institutions who offer homeopathic training as well as the pioneer rural clinics who have to date offered thousands of South Africans the gentle protection and care of Homeopathy.

Through these events we were able to create greater awareness within the public space and have come to realise our strengths in the following ways:

1. Our homeopathic profession has survived many harsh and unfavourable times through the ages and has, as we have seen in our history, adapted to the changes and come out triumphant.
2. Homeopathy has a firm place in the South African health care system and the Royalty of our African Tribes and Leaders of our Tribal Councils and communities accept and support our involvement in their communities and see value in our homeopathic care.
3. Homeopathy is offered at two of the leading tertiary institutions in South Africa, namely UJ and DUT where we encourage all those seeking a career in homeopathy.
4. We have outreach programs where homeopathy is offered to the public with great success. Our every effort should be to open up more community clinics in South Africa.
5. Unity should be on the minds and in the hearts of all in homeopathy – together we can move homeopathy into its rightful place in the South African healthcare system.

With Special Thanks

To the dynamic group of young leaders who have assisted in creating this vision for the LMHI World

World Homeopathy Day and Awareness Week Story

Homeopathy Day Celebration 2023, I thank you for your time, passion, imagination and above all, your calling to grow our profession.

Miss. Marain Le Roux
Dr. Marianne Ferreira
Dr. Reyna Bhikha
Dr. Sarah Tandy
Dr. Silvana Nienaber
Dr. Zahraa Kazee

To the Dr. Altunay Agaoglu and the LMHI Council for entrusting the HSA with this very important celebration in the homeopathic calendar and for helping us to drive homeopathic awareness in South Africa.

To Mr. and Mrs. Oppenheimer and the Oppenheimer Generations Research and Conservation Foundation for their support of the HSA and this important celebration of the LMHI World Homeopathy Day Celebration and World Homeopathy Awareness Week in South Africa.

To the HSA Executive Committee and the HSA National Board for their support and blessing in this LMHI World Homeopathy Day and World Homeopathy Week Awareness Campaign.

Mr. Ludwig Tashner and Mr. Halmar Tashner for their incredible support and our beautiful Rosa homeopathica, the Homeopathic Rose

To the late Margaret Roberts, to Mrs. Sandy Roberts and all support staff at the Margaret Roberts Herbal Centre for creating a space for us to come together to celebrate our beloved profession, for your support of homeopathy on the day, but especially over the years and for giving our Rosa homeopathica a home.

To the DUT Head of Department of Homeopathy, Professor Ashley Ross and Dr. Tebogo Tsele-Tebakang, the UJ Head of Department of Complementary Medicine for allowing us to bring the LMHI World Homeopathy Day celebration to the DUT and UJ respectively.

To Dr. Nicolienne Potgieter Steiner, Dr. Manuel Steiner, Dr. Loretta Ferrucci and Dr. Marelize Caminsky for hosting us at your centres of healing and for leading us into the future of homeopathy in South Africa.

To all those who supported us in this great event, we thank you for your collaboration, your contribution and your commitment and drive in this LMHI World Homeopathy Day 2023. We thank especially our Homeopathic Industry who have helped our profession over the many years and are as invested in our success as we are.

To the various companies who have contributed to our community clinics Namely Nando's, BUCO Hardware and Buildware Eastern Cape, to the Balwin Foundation NPC, and to Designer Lighting Eastern Cape. Your support is invaluable and our gratitude to you will live on for the years and decades to come.

To the professional photographers who volunteered their skills to capture these events, Azraa and Sameerah Satar at the WHD Margaret Roberts event and JoNo Nienaber at the DUT event. To Bron Schultz for Video recording and compiling the LMHI World Homeopathy Day Celebration video. We give thanks to you for immortalising these memories and special moments and for sharing of your skills and talents so lovingly for the profession of homeopathy.

To all the students and practitioners who came out to join in one or more of our celebrations and who travelled from all parts of the country to support our efforts. Thank you for joining us as part of a bigger homeopathic community and for helping us keep the spirit of homeopathy alive.

To all who have found care in homeopathy – we pledge to continue to work to be able to serve you, to walk the journey of health with you and to help grow a stronger and healthier community for you now, and for the generations to come.

A Heartwarming Floral Tribute To Dr. Hahnemann On World Homeopathy Day 2023

A Report From Delhi, India
Shruti Gora¹, Cheshta Nagrath¹, Raj K Manchanda



*Statue of Dr Christian Friedrich Samuel Hahnemann
at Central Park, Defence Colony, Delhi*

A floral tribute was organized by the Directorate of Ayush, Government of Delhi to mark the 268th birth anniversary of Dr Christian Samuel Friedrich Hahnemann on 10th April 2023 at his statue site. This statue was unveiled on 10th April 1998 by the Home Minister of India Sh. L.K Advani in the presence of the then Chief Minister, Health Minister, Mayoor, Member Parliament, German Ambassador to India and homoeopathic community lead by Padma Shree Dr. K.G Saxena. Since then, this has been an iconic place for the fraternity to remember Dr Hahnemann and pay tribute to him every year on this day.

The program was a hybrid program wherein talks on theme on this World Homeopathy Day “Integrate Homeopathy for Wellness” were organized as per the following schedule.

The program was supported by Liga Medicorum Homoeopathica Internationalis (LMHI) and all Homoeopathic institutions namely Nehru Homoeopathic Medical College & Hospital (NHMC&H), Dr BR Sur Homoeopathic Medical College and Hospital (SHMC&H), Board of Homoeopathic System of Medicine Delhi and 120 public health clinics actively participated.

The purpose was to create public awareness, enhance acceptance and devise ways to improve homoeopathic

A Heartwarming Floral Tribute To Dr. Hahnemann On World Homeopathy Day 2023

practice. There were about 250 participants at the park and about 950 joined digitally through various social media platforms from 24 countries.



Dignitaries on the dias: Dr Raj K Manchanda, Director AYUSH & Secretary for Information and Communication, LMHI; Shri Danish Asraf, Special Secretary, H& FW, Delhi; Shri Madan Lal, MLA, Delhi; Dr Brender Sharma, Deputy Director(H), Delhi Dr Seema Rai, Principal NHMC & H.

The program was graced at the statue site by many prominent personalities; Honorable Health Minister of Delhi, Shri Saurabh Bharadwaj was the Chief Guest, who joined the program virtually, other dignitaries joined in person. After keynote messages on Homoeopathy for wellness, dignitaries paid floral tributes to Dr Hahnemann.



Dr Raj K Manchanda paying floral tribute.

Dr Seema Rai, Principal NHMC& H, Delhi delivered the welcome address and greeted all the esteemed guests (Figure 5). She appreciated and thanked the Delhi Government for providing untiring support for further development of Homoeopathy in Delhi.



Dr Seema Rai, Principal NHMC & H, Delhi conferring the welcome address.

The dignitaries were welcomed and felicitated in traditional style by flowers, mementos and by presenting a book that talks about Homoeopathic solution to the antimicrobial resistance 'Dare to Differ' written by Dr Kusum S Chand, Honorary Professor of NHMC &H.



Dr Raj K Manchanda presenting a Memento and the book Dare To Differ to Shri Madan Lal .

A Heartwarming Floral Tribute To Dr. Hahnemann On World Homeopathy Day 2023

Dr Raj K Manchanda, Director, AYUSH Delhi and Secretary, Information and Communication, LMHI in his Keynote address elaborated the life of Dr Hahnemann and described the significance of the words inscribed on his statue i.e., Non inutilis vixi meaning 'I have not lived in vain'. Dr. Manchanda stated that Dr Hahnemann was much ahead of his time, when he discovered Homoeopathy and reformed the medical practice of his time, on this day we should take pledge to work hard and think beyond current biomedical paradigms to sustain and develop homoeopathy in 21st century. He emphasized the need for improving education and adopting advancement in science and technology.



Glimpses from the webinar, WHD 2023

The webinar began on an exciting note with the opening remarks by Dr Neeraj Gupta, Principal SHMC & H. He spoke about the theme for World Homeopathy Day 2023 and ways to integrate Homeopathy for wellness in day to day life.



*Dr Raj K Manchanda addressing the gathering
on the occasion of WHD 2023*

An interactive webinar was simultaneously organized, wherein distinguished experts across the globe participated and delivered Key messages and shared their valuable insights on various emerging health issues and the role of Homeopathy.



Dr Neeraj Gupta, Principal SHMC, deliberating the opening remarks

Dr. Sanjeev Kumar, Chairperson, three domain Health Leadership Foundation also shared his views on the topic 'Integrate Homeopathy for wellness'. He brought out

A Heartwarming Floral Tribute To Dr. Hahnemann On World Homeopathy Day 2023

how the Homeopathic Principles given by Hahnemann are truly relevant even today. He focused on the principle of Homeopathy and how self-healing is used to treat patients. He appreciated the National Medical Commission's decision to have integrated Medical Research systems in all medical colleges.



Dr Sanjeev Kumar, Chairperson, Three Domain Health Leadership Foundation emphasizing on integrating Homoeopathy for Wellness.

Mr S B Dangyach, from the Innovative Thought Forum said that the biggest threats to global health today - antimicrobial resistance, and how Homoeopathy can be an effective and gentle solution to it. He emphasized on Homoeopathy being the best cure for viral diseases and nosodes can be developed as vaccines. He suggested the use of homoeopathy in veterinary and agro-practices to combat AMR. He highlighted the prospects of Homoeopathy being the sustainable medicine for the future.

Dr. Dora Pachova, LMHI National Vice President of Bulgaria, deliberated on the most burning and alarming topic of antimicrobial resistance which medical science is facing today. She underlined the concept of One Health One Medicine and the need for making people healthier.



Dr Dora Pachova, LMHI NVP of Bulgaria sharing her perspective on antimicrobial resistance.

Dr Rajesh Shah, an independent researcher, author and academician working towards new drug development in Homoeopathy and Director at Life force, & Biosimilia delivered a talk on Hahnemann as an innovator, engineer and a man ahead of his time. He emphasized the need to have more research, through study and innovations in the field of Homoeopathy so as to make it more relevant in present times.

Dr. Bianca de Canha, LMHI National Vice President of South Africa, represented the Homeopathic Association of South Africa and shared glimpses of World Homoeopathy Day celebrations in South Africa. The World Homoeopathy Day 2023 was celebrated in a unique and memorable manner with the unveiling of the homeopathic rose, "Rosa Homeopathica" in a grand ceremony at Margaret Roberts Herbal Centre, South Africa by Dr Altunay Agaoglu, President of the LMHI, to pay tribute to Dr Samuel Hahnemann on his birthday.

Dr Robbert Van Haselen, Director of the International Institute of Integrated Medicine, from UK, shared his message on World Homoeopathy Day and reflected on the relationship between homoeopathy and natural sciences. He emphasized on an urgent need to strengthen the link between Homeopathy and conventional natural sciences so as to make homoeopathy well aligned with the present day medical

A Heartwarming Floral Tribute To Dr. Hahnemann On World Homeopathy Day 2023

scenario. This is what Hahnemann would have wished had he been alive, he emphasized. She said that “The Rose” is a symbol of the beauty of Homeopathy.



Dr Robert Van Haselen (in the bottom right), Director of the International Institute of Integrated Medicine, UK sharing his message on World Homeopathy Day.

Dr Bipin Jethani, Professor of NHMC&H remembered Hahnemann as a pioneer and rational physician who talked not only about different levels of prevention as a preserver of health but also developed a therapeutic system of medicine. He talked about the importance of Healthy living conditions like appropriate ventilation, sunlight, and cleanliness.



Dr Bipin Jethani, Professor NHMC&H elaborated on Healthy Living according to Hahnemannian Principles

Dr Gary Smith, Faculty of Homoeopathy, from UK, paid tribute to Dr Hahnemann reminiscing on life and works of Dr Hahnemann. He encouraged the Medical fraternity to integrate Homoeopathy for wellness so as to improve the quality of life for the masses and benefit of patients.



Dr Gary Smith, Faculty of Homoeopathy, from UK, remembering life and works of Dr Hahnemann

Dr. Altunay Agaoglu, president of the LMHI, congratulated everyone on the 268th birth anniversary of Dr Hahnemann. She talked about the growing recognition of Homeopathy as an alternative and effective system of medicine. She further elaborated how Homeopathy is an integral part of Integrated health care and briefed about the role of LMHI and its working groups towards the betterment of mankind through Homoeopathy. She appreciated India as being ‘Heaven’ for Homoeopathy and wished other countries could follow the same. She encouraged all to strengthen LMHI by joining as individual members and sharing rich experience.



Dr Altunay Agaoglu, President of the LMHI, from Turkey, along with other members of LMHI, enthusiastically participating in WHD 2023.

A Heartwarming Floral Tribute To Dr. Hahnemann On World Homeopathy Day 2023



Dr Altunay Agaoglu addressing the gathering at unveiling of Rosa homeopathica in South Africa. Glimpses of which were shared during WHD 2023 at New Delhi.

The proceedings for the evening were concluded with vote of thanks by Dr Brender Sharma, Deputy Director (Homoeopathy), AYUSH, Delhi followed by the National Anthem.



Dr Brender Sharma, DD(H), AYUSH, Delhi delivering the vote of thanks.

It was a wonderful and a memorable day which brought ardent followers of Homoeopathy from all across the globe together on a single platform, to celebrate an important day in history of Homoeopathy by paying tribute to the founder of Homoeopathy Dr Hahnemann. The event of global scale led to congruence of minds and

some thought provoking ideas were shared by the galaxy of speakers representing different nations. The event provided all the participants an opportunity to fondly remember the contributions made by Dr Hahnemann to the medical field and also inspired the participants to imbibe his principles and values so as to take the system of medicine to newer heights following his motto of *aude sapere* (dare to be wise).

**Recording of the entire event is available at Youtube:*

World Homoeopathy Day 2023 | Floral Tribute to Dr. Hahnemann, the founder of Homeopathy | HealThyRam

<https://youtu.be/Jm5WOGNkjBM>

International Homeopathic Conference in Bulgaria

“The Integrative Approach in Patients' Care
- The Art and Science of Homeopathy”

Dr. Gena Stoykova

Association of Homeopathic Physicians
in Bulgaria
European Society of Integrative Medicine
in Bulgaria



The International conference of the Association of Homeopathic Doctors in Bulgaria and the European Society of Integrative Medicine in Bulgaria, sponsored by Alpen Pharma Bulgaria, was held in Sofia, Bulgaria on April 22-23, 2023.



The event was held in 2 days:

Presenting homeopathy to larger auditorium: 400 general practitioners, paediatricians, homeopathic physicians, pharmacists from all over the country attended “The Integrative approach in patients' care - the art and science of homeopathy”, held on April 22. And a homeopathic seminar for experienced homeopaths, 50 homeopathic physicians attended “Specialized homeopathic seminar for AHPB members and guests from abroad”, held on April 23.

We were honored by the presence of our international guest speakers - the respected homeopathic doctors and researchers Prof. Dr. Michael Frass, Austria and Dr. Menachem Oberbaum, Israel - as well as from the participation of our Bulgarian speakers - Assoc. Prof. Oskan Tasinov, Varna University; Prof. Victoria Sarafyan, PhD, DSc, Plovdiv University; Dr. Dora Pachova, Master in homeopathic therapy, and Dr. Svetla Stoeva, psychiatrist.

International Homeopathic Conference in Bulgaria



Their lectures over the two days provoked many questions from the audience and resulted in a fruitful discussion.

The following topics were presented during the first day:

Dr. Menachem Oberbaum spoke about daily practice and research at the Center for Integrative Complementary Medicine at Shaare Zedek Medical Center, Jerusalem, and at the Faculty of Medicine of the Hebrew University of Jerusalem. He also presented a Pediatric study - Homeopathy versus conventional medicine - Can homeopathic paradigm equate the conventional paradigm in children? (Oberbaum M, Chaudhary A.).

Prof. Dr. Michael Frass presented a lecture on Practical Oncology - how the general practitioner can help his cancer patients.

Assoc. Prof. Oskan Tasinov presented his study - Changes in cell proliferation and gene expression in macrophages after introduction of Schussler salt № 3 in conditions of stimulated inflammatory response.

Prof. Victoria Sarafyan, PhD, DSc presented a lecture about Immunology – Immunological aspects – Interferon balance (possibilities of the homeopathic approach, Influcid).

Dr. Dora Pachova and Dr. Svetla Stoeva spoke about Mental health of health professionals: the role of homeopathic doctors.



The second day was a Specialized Homeopathic Seminar, which addressed the following issues:

Oncology patients and their mental health by Prof. Dr. Michael Frass.

- Materia Medica of important drugs in cancer diseases.

- Intensive care and emergency medicine - the most common situations.

Post COVID – clinical practice and research by Dr. Menachem Oberbaum.

International Homeopathic Conference in Bulgaria

- Post-traumatic and post-operative care - sharing personal experiences, dosage advice, rare drugs.

Contact name: Association of Homeopathic Physicians in Bulgaria (AHPB).

e-mail: info@homeopathybulgaria.org



During the breaks between the lectures, the conference participants had the opportunity to ask their questions, exchange their personal experiences, and share new ideas. We took a lot of photos, and on the second day of the conference we even celebrated the 30th anniversary of the first homeopathic basic education course in Bulgaria.



Hahnemann Day and Awarding of Diplomas

to Physicians who Graduated in "Homeopatía de México"

Dr. Andrea Flores Sánchez



Directors and Teachers of Homeopatía de México

On April 15, 2023, the Mexican Postgraduate School of Homeopathy celebrated World Homeopathy Day with a very meaningful ceremony for the newly graduated physicians of the homeopathic specialty. Several professors remembered Dr. Samuel Hahnemann as the distinguished genius who was born 268 years ago and who revolutionized medicine by discovering homeopathy. His legacy continues in Mexico to this day by training homeopathic physicians.

One of the recently graduated doctors, Dr. Alfonso Tenorio, began his speech with this message: "We cannot overlook the anniversary of Dr. Samuel Hahnemann's birth, since we owe him our professional life, and in some cases, our whole life, especially the great satisfaction we have felt when relieving patients through the homeopathy he discovered...".



Newly graduated physicians in homeopathy.



*Dr. Patricia Carballo, Dr. Alfonso Tenorio, Dr. Cristina Osorio,
Dr. Marilupe Flores, Dr. María José Contreras, Dr. Antonio Sánchez Caballero,
Dr. Rosario Sánchez Caballero, Dr. Rocío Jiménez, Dr. Enrique Vázquez Maravilla,
Dr. Carolina Idrovo, Dr. Andrea S. Serrano, Dr. Rosario Patricia Sánchez,
Dr. Guillermo Sánchez Caballero and Dr. Victor Chion.*

Hahnemann Day and Awarding of diplomas

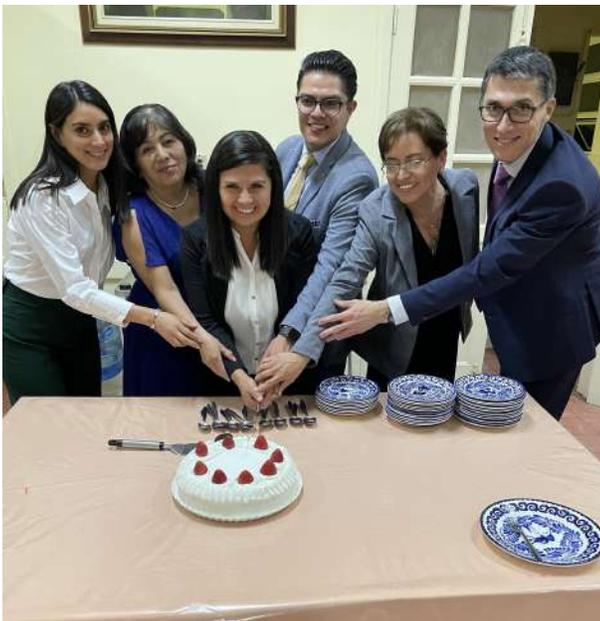
After the remembrance of Hahnemann, homeopathy specialty diplomas were awarded to several doctors from all over the country and abroad, who were very happy and satisfied and committed themselves to faithfully follow Hahnemann's teachings in their professional practice. Congratulations to all of them.



Awarding of Diplomas



*Dr. Carolina Idrovo, graduate physician
and Dr. Rosario Sanchez Caballero,
director of the graduate school of Homeopatía de México.*



Newly graduates

Homeopathic Medical Missions for Natural Disasters

Dr. Sandra Massry
Mexico

In the past years I have collaborated with a non-for-profit organization that helps aid populations after natural disasters. After attending different aid missions as a doctor. I have come up with a list of steps that can help anyone plan for a Medical Mission attending a Naturally devastated area.



1. Preselect the remedies that you can foresee that will most probably to be used: What are the most common diseases? What is the average constitution? What kind of disaster did they experience? To achieve a profound effect with the little time you have: Homeopathic remedies were mostly 30 centesimal. A few on 200 C, and some 6 C.

2. Place the remedies in individual doses. This can be done in capsules that can be placed in a sealable plastic bag marked with the name of the remedy.

3. For the plus preparations, get dark plastic droplets that block the light and are easy to transport. Fill them with fresh clean water before arriving to the affected area.

4. Prepare a “consultation spot”: place at least two chairs and a pad or mattress as an exploration table. Look for a spot out of the sun, away from fallen structures and out of damaged buildings.

5. Take a spray-on disinfectant to use on the surfaces, your hands, wounds, etc. And take some fresh water. We use one made of citric seeds came. Everything should be thoroughly cleaned.

6. Wounds are very common, take enough wound care materials.

7. Take pen and paper, stickers to mark droplets and explain the following steps.

8. When there is not enough time to do all the clinical history of each patient; focus on the Characteristic Symptoms. You will hear complains and see the most Notable symptoms. Ask about what is extraordinary, (Are there any changes in the way you usually are or the way you usually get sick?). Keynote symptoms will guide you to a less number of remedies. And look closely and Pecularity of your patient.

9. You cannot fix everything, make notes of what you see, and what needs follow up care.

Homeopathic Medical Missions for Natural Disasters

10. This will probably be the only time you see the patient. Make your time and effort count and help educate the patient on hygiene (sleep, exercise, food, chemicals found on products, etc.).

Most common symptoms and their repertorization:

- **Ailments from Fright:** Natural disasters that started suddenly, catastrophic events.

FRIGHT, complaints from: **Acon.**, anac., apis., arg-n., arn., ars., art-v., aur-m., aur., bell., bry., calc., carb-s., caust., cham., coff., cupr., gels., glon., graph., hyos., hyper., Ign., iod., lach., Lyc., mag-c., merc., nat-c., Nat-m., nit-ac., nux-v., Op., Ph-ac., Phos., plat., Puls., rhus-t., sabad., samb., sec., sep., Sil., stram., verat., zinc. ²

- **Ailments from grief:** people that endured losses (material or personal, loved ones).

GRIEF: Acet-ac., acon., agar., alum., am-c., am-m., ant-c., ars., Aur., bar-c., calc., carb-an., Caust., coloc., cycl., graph., hyos., Ign., lach., lact., lyc., merc., Nat-m., nux-v., op., ph-ac., Puls., sep., staph., sul-ac., tarent., verat. ²

- **Homesickness:** people that had to move to a different home

HOME-SICKNESS: Aur., bell., calc-p., Caps., Carb-an., carl., caust., cent., clem., dros., elaps., eup-pur., hell., hipp., hyos., ign., kali-p., lach., mag-c., mag-m., manc., merc., nat-m., nit-ac., petr., Ph-ac., plan., puls., sac-l., senec., sep., sil., staph., verat. ²

- **Fear:**

- Death, of: **Acon.**, **Act-r.**, act-sp., agn., all-s., aloe., alum., am-c., anac., anan., ant-c., ant-t., apis., arg-n., **Ars.**, asaf., aur., bap-t., bar-c., bell., bry., bufo-r., cact., calad., calc-s., **Calc.**, camph., cann-i., canth., caps., carb-s., caust., chel., **cocc.**, **co**□., con., cop., croc., *crot-c.*, cupr., cur., cycl., dig., ferr-ar., ferr-p., ferr., fl-ac., **Gels.**, glon., graph., hell., hep., hyos., ign., ip., iris., kali-ar., kali-c., kali-i., kali-n., kali-p., kali-s., **Lac-c.**, lach., led., lob., lyc., mag-s., med., mosch., mygal., nat-m., **Nit-ac.**, nux-m., nux-v., op., ox-ac., petr., ph-ac., **Phos.**, phyt., **Plat.**, podo., psor., puls., raph., rheum., rhus-t., rob., Scil., sec., sep., spong., stram., sulph., tab., tarax., tarent., tril., verat-v., verat., vinc., zinc. ²

- Escape, with desire to: bell, bry, color, cupr, dig, merc, plus, stram, verat. ¹

- Fall upon him, high walls and building: arg-n, arn ¹

- Happen, something, will : Alum., ars., bufo-r., cact., calc., carb-v., Caust., crot-t., elaps., fl-ac., gels., graph., iod., kali-ar., kali-br., kali-p., lilt., lyc., lyss., mag-c., mang., nat-a., nat-m., nat-p., nicc., onos., ph-ac., Phos., pyrus., stry., tab., thea., tub., xan. ²

- Noise, from: Aloe., alum., ant-c., aur., bar-c., bor., cann-s., caust., chel., cic., cocc., coff., hipp., hura., lyc., mosch., nat-c., nat-s., nux-v., sabad., tab. ²

1 Synthetic Repertoire²

2 Kent

My Experience with Homeopathy

Dr. Diego de la Peña Mojarro
Mexico



To be a homeopathic doctor is to live an authentic, pleasant, and natural lifestyle because just as we gave and continue to give homeopathic medicine non-stop, it gives us twice as much, giving us wonderful experiences with our patients, where one can see day by day how wonderful this science and art of healing is.

I will tell you why I chose this specialty. It is thanks to homeopathy that I exist. My father, a homeopathic doctor, worthy follower of Master Hahnemann and Proceso S. Ortega (PSO), asked PSO to give my mother a medical consultation at a congress of foreign groups of homeopaths in Mexico. My parents had been married for 14 years and had not been able to have children, my mother was treated with homeopathy and soon after, after three months, she became pregnant at the age of 39. That is how I was born. That story shaped my life, as well as another event that happened when I was two years old. My 46-year-old dad was suffering from gas gangrene due to the anaerobic bacterium *Clostridium perfringens*, which was advancing 2 cm per day. A group of homeopathic doctors repertorized the case and

selected the remedy with which they stopped the progression of the disease so that later a surgeon could intervene, and he had no sequelae. For this and more, I was always attached since my childhood to the homeopathic lifestyle without suppressions. I was a healthy baby, child, youth, and adult until now.



My father, Dr. De la Peña Rebonato, myself, and Master Proceso Sánchez Ortega

I decided to study medicine at the age of 17 at the Universidad Autónoma de Guadalajara (UAG School of Medicine), following in the footsteps of my father who also studied there. Later, I did my internship in the city of Saltillo, Coahuila, Mexico, my hometown because my father had passed away. When I finished my training as a general practitioner, I decided to take the national medical residency exam to prove to myself that I had the capacity to do any other

My Experience with Homeopathy

specialty. I chose internal medicine because it was the one that was closer to seeing the human being as a whole and not dividing it into parts or organs. I passed the exam, but I declined because I was more eager to become a homeopath, so I went to Mexico City to enter the School of Homeopatía de México. And I have no regrets. I finished general medicine at the age of 22 and at the age of 26, I finished my specialty. I opened my practice almost 3 years ago at the beginning of the COVID-19 pandemic. Patients were gradually recommending me among friends or relatives because they were able to see excellent curative and preventive results for this terrible disease. That is how I became known. As my father used to tell me, the best publicity for a doctor is word of mouth recommendations among your patients. I am currently 28 years old.

I share this with you as an example to insist on strengthening the training of young, confident, and convinced homeopathic physicians from the beginning of this vocation. I would like to see more cases like mine, where from the beginning, young doctors are convinced to stick to this science, which we must put at the top of medicine, without settling for it. We have all the steps that have left us the great masters in their various works, such as Dr. S. Hahnemann and valuable teachers around the world, especially for me, Proceso Sánchez Ortega.

Let us remember paragraph 78 of the Organon: "The true natural chronic diseases are those that originate from a chronic miasm, which, left to themselves or not controlled by the use of the remedies specific to

them, always increase and worsen, despite the best mental and physical regimen, and torment the patient until the end of his life with discomforts that always aggravate. These, with the exception of those produced by some erroneous medical treatment, are the most numerous and the greatest calamity of the human race, for the most robust constitution, the best hygiene of life and the most vigorous energy of the vital force are insufficient to destroy or uproot them".

I thank you for reading, always wishing you the best, colleagues, friends and teachers.

Invitation to the LMHI World Congress of Homeopathy

October 24 to 28, 2023 in Bogota, Colombia

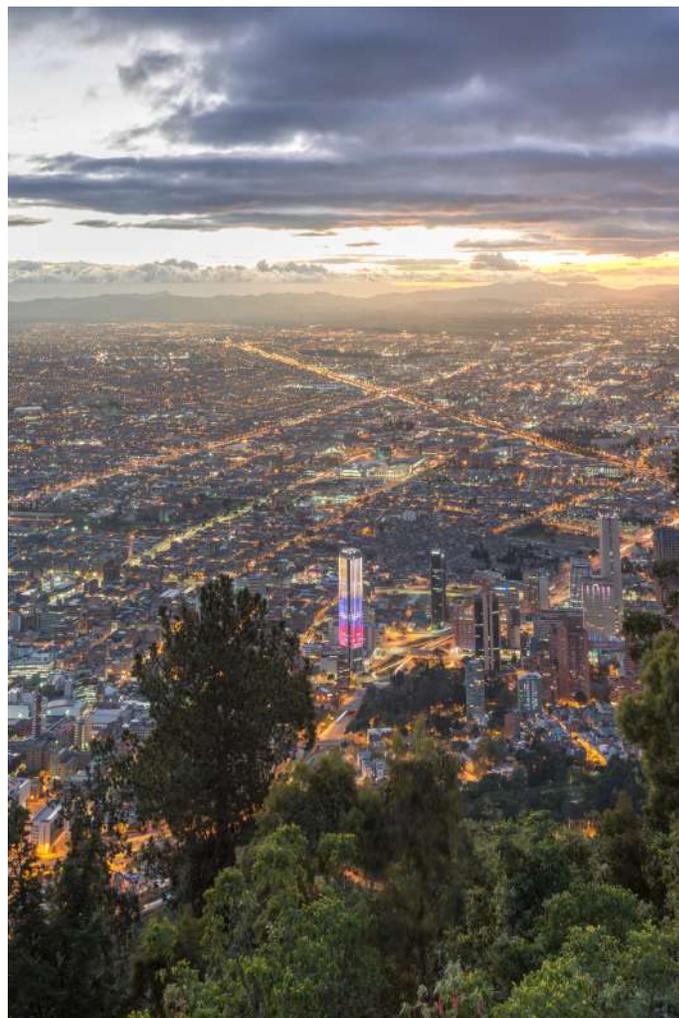


We look forward to seeing you all at the Grand Hyatt Bogotá Hotel from October 24-28, 2023!

LMHI 2023, under the slogan Education for the professionalization and qualification of homeopathic medicine, arises from the need to link the knowledge of the Academy with the Colombian hospital service and show the world the advances of both the country and Homeopathy. For the first time in history, the LMHI Congress will be held in Colombia, where you can discover its cultural and gastronomic richness and enjoy this enriching experience in every way.

The topic areas that will be discussed are:

- Clinical Research in Homeopathy
- New methods and approaches in Homeopathy.
- Pre-clinical research in Homeopathy
- Homeopathy in Clinical Practice
- Historical development of Homeopathy
- Integration of Homeopathy in: Pharmacy, Veterinary, Agro-homeopathy, Health systems.
- Education of Homeopathy in universities
- Advances in primary health care policies in MATCA
- Evaluation of WHO MATC Strategies 2014-2023



THE LMHI LETTER

Calendar

Upcoming LMHI Congresses:

Bogotá, Colombia October 24 to 28, 2023

Sevilla, Spain October 3 to 6, 2024

The Netherlands, 2025

Imprint

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